



The device
for intermittent
pneumatic compression

Beautiful legs are not just a symbol of aesthetics, they are also about the health of your legs.



Vein problems are a widespread disease: 8 out of 10 people worldwide are affected by venous disorders. (Women slightly more often than men)

Along with age, gender and hereditary causes, there are known risk factors that can be influenced, such as lack of exercise, obesity, hormonal contraception (pill), an unbalanced diet, excessive alcohol and nicotine consumption, clothing that is too tight and shoes that are too high (high heels).

External signs of venous diseases:

- Tired, heavy, swollen, painful legs, congestions (oedema), especially after standing or sitting for a long time
- Feeling of tension, inflammation, bruising, calf cramps
- Visible signs such as spider veins, varicose veins, skin changes
- Poor circulation
- Injuries of various types and causes

So what can you do about it?

Advice and recommendations can be found in many health magazines. From cosmetic products for external use to herbal remedies, exotic health massages and cosmetic surgery.

Compression stockings are now available in various designs and fashionable, trendy colours. The effectiveness is undisputed, but often not the wearing comfort.

A well-functioning calf muscle pump is crucial to avoid the risk of major complications such as venous thrombosis, chronic venous insufficiency or leg ulcers.

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Now there is a real innovation available!

Intermittent pneumatic compression (IPC)

Up to now, this method has practically only been used in hospitals, primarily for thrombosis prophylaxis and lymphoedema therapy. Its effectiveness has been proven in hundreds of studies and is recognised by medical associations and set out in guidelines.

Mode of action

An air cushion, which is integrated into a cuff, is inflated intermittently and thus creates a rhythmic compression, comparable to a massage effect. This promotes venous return flow to the heart and relieves pressure on the legs.

The progress

The unique LegFit relax device offers you an efficient and effective method of preventing and alleviating venous disorders and leg complaints, improving your well-being and enhancing your quality of life.



Features of the device

- Small, discreet, lightweight and handy
- Easy to operate with 1-button (ON/OFF)
- Powered by a in built rechargeable battery (USB-C)
- Detachable, washable cuff

- Can be used anywhere and at any time
 - At the workplace
 - At home
 - During leisure time / recreation
 - On the move, when travelling
 - For recovery after sporting activities
 - For wellness and well-being

Scope of delivery: 2 devices including cuffs (normal or large size) battery charger with cable, Instruction for use